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EASY STREET: LEADING THE WAY
FOR SENIORS [St. Peter's Hospital]

EASY STREET

LEADING THE WAY FOR SENIORS!

new concept in health care being pioneered in Canada by St. Peter's Hospital.

Easy Street brings the outside world inside - into a hospital setting where people can receive therapy to help them overcome the major obstacles of life.

At St. Peter's, we believe that senior citizens deserve the chance to live independent lives, and to continue to be productive members of society. We're working to help people stay out of institutions, so they can live in their own homes - in their own communities.

Life-Sized Replica

Easy Street is a life-sized replica of a city street. There's a bank. A grocery store. A car, restaurant and even a bus. *Easy Street* also

Stepping off a curb. Getting into a compact car. Boarding a bus. Going through turnstiles at the supermarket. These are all things we take for granted in living in our community.

But imagine those people who've suffered a stroke, heart attack, arthritis or serious vision problem. It could happen to any of us - especially as we become older. Life on the street becomes much more difficult - even terrifying.

Suddenly the outside world becomes an obstacle course, and even the simplest tasks are major chores.

Now there's *Easy Street*. It's an exciting

has a putting green, a theatre - and a greenhouse.

And there are all the hazards that these places represent, like uneven pavements, curbs, turnstiles, and carpets that could trip up someone using a cane or walker.

Practice on the Street

People on *Easy Street* can practice getting into and out of a compact car, getting on a bus and finding a seat while the bus is moving, stepping safely from concrete to linoleum to carpeted surfaces, and taking a newspaper from a spring-loaded box without losing their balance.

Easy Street is a real-life setting where seniors who have health problems can get professional outpatient therapy to help them stay in the community.

Exciting New Concept

Their capabilities can be easily diagnosed by health care professionals, who can help them work to overcome any difficulties.

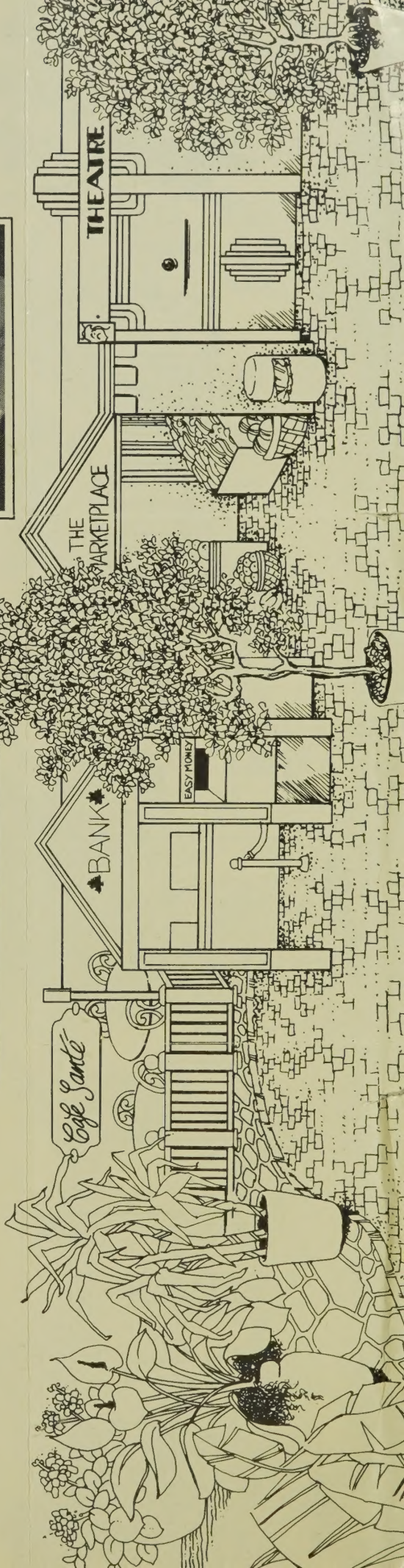
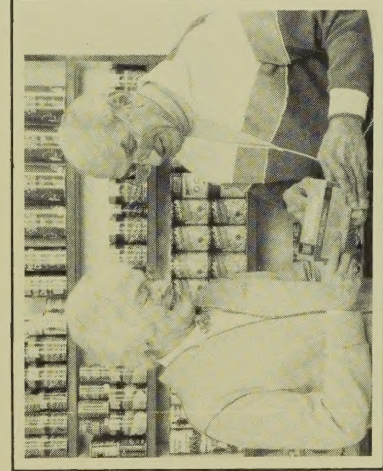
For seniors whose bodies begin to play cruel tricks, *Easy Street* can help them regain the skills they need to carry out ordinary tasks - while rebuilding their confidence.

It's an exciting new concept for seniors.

Hamilton Landmarks

Easy Street is also good for patients who must live in hospital. It can help bring the community back into their lives. The *Easy Street* setting closely represents the Hamilton-Wentworth area and some of this

region's most memorable places are shown on murals as backdrops - places like Whitehern, the Hamilton Mountain, and even the Football Hall of Fame.



Community Health Care

The idea is that before we can get people back into the community, we must find a way to bring the community into the health care setting. It makes a lot of sense.

Easy Street is good for Hamilton-Wentworth. Not only will it help seniors live independent lives, but it can keep people out of institutions - freeing up hospital beds for those who really need them. *Easy Street* offers a new way to provide therapy for seniors.

Leader in Seniors' Care

St. Peter's Hospital is a leader in the care of seniors in Canada. That means offering the best treatment at the lowest possible cost. That's good for seniors and good for Hamilton-Wentworth. St. Peter's Hospital and *Easy Street* - leading the way for seniors!



ST. PETER'S HOSPITAL

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Easy Street is a part of St. Peter's inpatient/outpatient rehabilitation services.

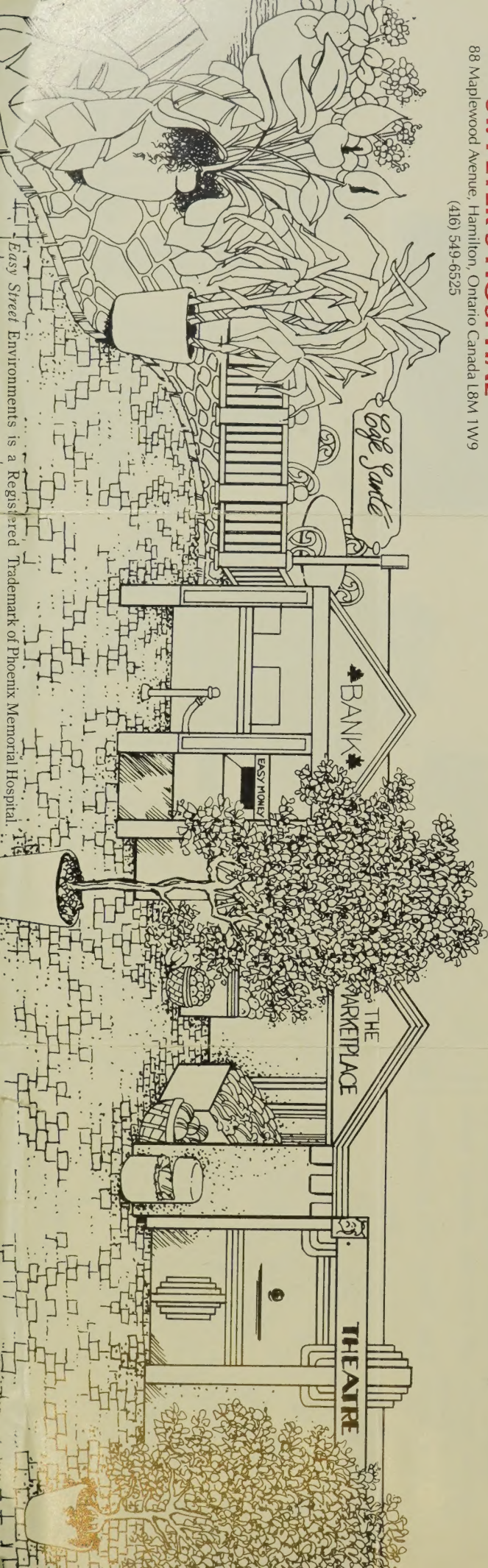
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